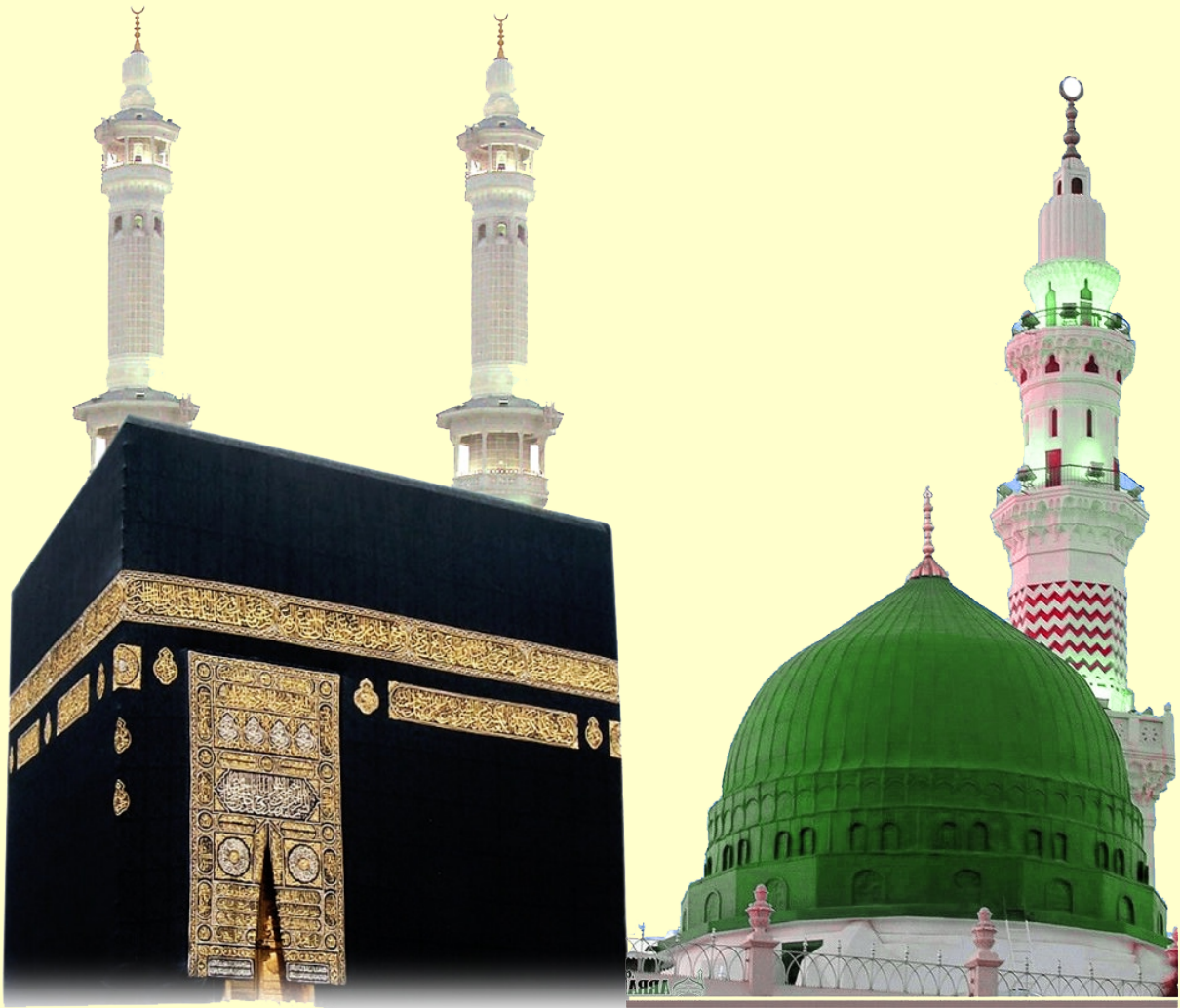


Umrah Ka Tariqa Aur Zaruri Masail

Roman urdu and English



Mufti Shahjahan Qasmi
Madanapalle

Read this book once before you travel. Read this in the flight and in makkah also, So that you become a master of umrah

Umrah Activities

1. Ehram(farz) 2. Tawaf(farz)
3. Sae'e(wajib) 4. Halaq Ya Qasr(wajib)

Note:: Jis Masle ke baare me maine kahi likha hai ke wo mandatory nahi hai, to iska ye matlab nahi hai ke aap usko chhod den, balke matlab ye hai ke agar kisi wajah se wo kar nahi paaye to bhi aap ka umrah sahi hojaye bas. Lekin us amal ko karne ki mukammal koshish karen aur pura sawab hasil karen.

Ehram ke Masail

Ehram ka Matlab

Umra ya hajj ki niyyat karke talbiya padhne se aadmi ke oopar jo ek halat aati hai jisme bahut si jayaz cheezen najayaz hojati hain us halat ko ehram kaha jaata hai.

Makkah Mukarrama jaate huwe Meeqat se pehle aap ka ehram ki halat me hona zaruri hai. Agar aap India se Direct Jeddah phir Makka Mukarrama Ja rahe hain to Jeddah Land hone se 1 ya 2 ghanta pehle aap ka Ehram ki halat me hona zaruri hy kyunke flight meeqat ke oopar se ya qareeb se jaati hai, isliye meeqat se pehle aap ko umrah ki niyyat karke talbiya padhlana zaruri hai.

Flight me baithne se pehle hi ehram ki chaadaren pehan kar airport par ehram ki 2 rakat namaz padh kar umrah ki niyyat karke labbaik padhlen ya phir Ehram ki do chaadaren bandhlen aur ehram ki 2 rakat nafil namaz padh kar flight me baith jaayen, umrah ki niyyat aur talbiya na padhen, Phir jab aap ki flight meeqat ke qareeb pahunchne lage to us se pehle umrah ki niyyat karke labbaik padhlen.

Agar aap pehle Madina jaane wale hain phir makka jayenge to aap madina without ehram chale jayen phir aap jab makka jaane lagenge tab Madina ke Qareeb Masjid e Zul hulaifa hai wahan se ehram baandhenge, ehram ki 2 rakat namaz padhenge phir salam pherne ke baad umre ki niyyat karke teen baar talbiya padh kar makkah chale jayen.

Note:: Ladies agar monthly periods me hain to ghusl karke safar me nikal jayen aur jahan se mard ehram baandhta hai wahi se aurat ehram baandhle yaani umre ki niyyat karke talbiya padhlen. Mard Buland aawaz se labbaik padhenge aur ladies aahista aawaz se.

Method :: Ehram se pehle apne nakhun, baghal aur naaf ke baal saaf karlen, aur Ghusl ya wazu karne ke baad apne body par khushboo laga kar (this is optional), mard ehram ki 2 chaadaren pehan kar (Mandatory), agar makrooh waqt nahi hy to ehram ki 2 rakat nafl namaz (not mandatory) with cap padhlen (pehli rakat me sura e fathiha ke baad sura e kaafirun aur doosri rakat me sura e fathiha ke baad sura e ikhlaas padhen. It is Not Compulsory but it will be best, else any sura you can read).

Namaz ka salam pherne ke baad mard apne sar se topi utaar kar umre ki niyyat karen aur laides apne chehre par kapda lagne na den. Chehre ko cap wale niqaab se chhupalen lekin chehre par kapda lagne na den.

Umra Ki Niyyat :: Ya Allah me umre ki niyyat karta hun mere is umre ko aasan farma aur qabool farma.

Note:- Ye aap ka umrah wajib hai isko aap apni hi niyyat se karlen. Phir jab aap nafil umrah karne lagen tab aap us me kisi aur zinda, wafat shuda, mard aurat sab ki taraf se niyyat kar sakte hain.

Niyyat ke baad mard 3 baar talbiya buland aawaz se padhen (1 Baar Buland aawaz se Mandatory hy) aur ladies 3 baar aahista aawaz se talbiya padhen.

Talbiya ::- Labbaik Allahumma Labbaik , Labbaika Laa Shareeka Laka Labbaik, innal Hamda Wan nimata, Laka Wal Mulk, Laa Shareeka Lak.

Niyyat aur Labbaik ke baad Ab aap ka ehram Shuru hogaya.

Ehram ki Pabandiyaan

Baal, nakhun nahi kaatna, Khushboo, sabun, shampoo use nahi karna, khushboo sooghna bhi nahi, biwi se pyar aur muhabbat waali baat (bedroom talk and activities) nahi karna, haram (makka) me kisi jhaad (tree) ka patta, ghaas nahi todna. Sar ke jun (bugs) nahi maarna aur unko apne haath se nikaal kar neeche bhi nahi girana.

Mard sile huwe libaas nahi pehanna (under wear, socks etc bhi nahi). Mard ka sir open rakhna, Auraten sab pehan sakti hain, albatta aurat ke chehre par kapda nahi lagna. Auraten sar par jo kapda baandhti hain wo hargiz ehram nahi hai. Waz karte waqt us kapde ko khol kar sar ka masah karna zaruri hai aur isko kholne se ehram nahi tootega. Mard ka apne pair (legs) ka upar wala hissa aur yedi nazar aana. Aurat shoes socks jewellery pehan sakti hy. Ladies Hands me socks na pehne (it is best but not mandatory).

Umre ki niyyat kar lene ke baad se lekar tawaf start karne tak talbiya padhte rahen. Jab Tawaf Start hojaye to talbiya padhna bandh karden.

Note:: Jab bhi talbiya padhen to minimum 3 baar talbiya padhen aur gents thoda oonchi aawaz se padhen.

Tawaf e Kaba (Tawaf of Umra)

Jeddah se makka mukarrama pahunch kar apne luggage etc lekar hotel me some hours rest lenen aur soap etc use kiye baghair bath karna chahen to karlen aur body pochte waqt towel ko sar aur face par jaldi se pochhen zyada der tak sar aur face par kapda lagne na den. Food etc se faarigh hojane ke baad haram shareef jayen. Apne hotel ka visiting card lenen. Hotel ka main view, streetview photo lenen. Room number aur hotel ka naam byheart karlen (Zabani yaad karlen).

Note :: car ya bus se jaate waqt gents pehle baithen phir ladies ko bithayen. Utarte waqt ladies first aur gents next utaren.

Haram shareef jaate waqt 100, 200 riyal se zyada lekar na jayen. Slippers rakhne ke liye apne saath plastic cover lekar jayen aur slippers ko apne hand bag me rakhlen. Slippers hand bag me rakh kar tawaf karna restricted nahi hy. No problem.

Apne saath paani ka bottle aur khud se baal katna ho to hair shaver, scissors for ladies lekar jayen. Apne kamar ke belt aur pocket me original papers, passport lekar na jayen. Hotel me hi rakh den. Room keys bhi counter me deden. Hotel me koyi chori nahi karta don't worry about that.

Entry in Masjid al Haram boundary:: Masjid e haram me enter hote hi ye dua padhen

1 Bismillahi was solaatu was salaamu alaa rasoolillah. Allahummagh firlee zunoobi waftahlee abwaaba rahmatik.

Nazar neech rakhte huwe aur ladies ka khayal karte huwe aage jaayen aur kisi corner ko choose karke kaba ki taraf dekhen. Kabatullah ka koyi bhi part nazar aate hi

2 Allahu akbar 3 baar padhen

3 Laa ilaha illallah 3 baar

4 Allahumma zid baitaka haaza tashreefaw wa takreema wa taazeemaw wa mahabah 1 baar padhen

5 Allahumma zid man sharrafahu wa karramahu mimman hajjahu awitamarahu tashreefaw wa tazeemaw wa birra. Allahumma antas salaam wa minkas salaam wa adkhilna daaras salaam 1 baar padhen.

Note:: ye saari 1 to 5 duaen not compulsory but if you read it will be better.

In sab duaon ko padhne ke baad Rabbana aatina waali dua padhen phir darood phir yun dua maangen ke ya allah ab se lekar mout tak me jo bhi dua karun usko qabool farma, phir Arabic aur urdu me jo dua chahen allah se maangen.

Way of Tawaf:: Dua se faarigh hone ke baad labbaik padhte huwe jis floor me chance mile usme tawaf karne ke liye chale jaayen. Ground floor is the best of all. Then all floors by sequence.

Green light ke neeche jis saf me chahen pahunch jayen aur labbaik padhna band karden. Mard apni oopar waali chadar ko right hand ke neeche se nikaal kar left khaande par daal len (Isko Iztiba kehte hain aur its not compulsory but if you do this will be better) Ladies ke liye izztiba etc nahi nahi.

Note:: Tawaf ke liye paak hona aur wazu ke saath hona compulsory hy. Ladies ko agar periods hain to wo hotel me rahen. Paak hone ke baad without soap and without shampoo ghusl karke baad me umra complete Karen. Tab tak ehram ke rules ko follow Karen.

Niyyat :: Green light ke level me green light start hone se thoda peeche khade hokar kaba ki taraf (Hajr e Aswad ki taraf face karke) niyyat is tarah Karen ke **Ya allah me tawaf ki niyyat karta hun isko qabool farma aur aasan farma.**

Niyyat ke baad ek qadam aage chal kar bilkul hajr e aswad ki taraf face karke (ab aapki peeth ke peeche exact green light hogi) mard aur aurat apne dono haath namaz me niyyat baandhne ki utha kar Bismillahi Allahu akbar walilla hilhamd kahen aur hath neeche chhod den. Phir apne dono haath hajre aswad ki taraf ishara Karte huwe ye dua padhen **Bismillahi Allahu akbar walilla hilhamd, Laa ilaha illallah was solaatu was salaamu ala rasoolillah** aur right hand ko bosa den(kiss Karen without sound). Bosa dene ke baad right side ko turn hojaye is tarah ke aap ka seena(Dil) left side kaba ki taraf ho aur aap ka right hand green light ki taraf ho.

Mard pehle ke 3 rounds me Ramal Kare Yaani pehalwan ki tarah thoda seena taan kar mondhe(shoulders) hilate huwe chhote qadam daalte huwe chalen (its not compulsory but if you do this it will be better). Auraten normal chalen.

Note:: Tawaf anti clockwise me karna hy aur tawaf karte waqt kabaatullah ko nahi dekhna. Saamne aur niche nazar rakhte huwe aahista aahista chalen. Hajre aswad se lekar rukne yamani tak 3rd kalima padhna hai.

3rd kalima :: Subhanallhi walhamdu lillahi walaa ilaha illallahu wallahu akbar wala howla wala quwwata illa billa hil aliyyil azeem(its not compulsory but if you do this it will be better). Har chakkar ki alag alag dua bhi hai jo duaon ki pdf me hai 3rd kalima ke baad unko bhi padhen to behtar hai.

Rukne yamani ke qareeb pahunchen to usko sirf haath lagana hy. Door se guzar rahe hon to kuch bhi nahi karna hy.

Rukne yamani (the 4th corner of kaba from hajr e aswad as if we mention hajr e aswad the first corner)se Hajre aswad tak **Allahumma Inne as alukal afwa wal aafiyata fid dunya wal aakhirah. Rabbana aatina** upto end of this dua padhen aur iske saath ye bhi add Karen (**Wa adkhillnal jannata ma al abraar. Ya azeezu ya ghaffaar , ya rabbal aalameen** (these all are not compulsory but if you say these it will be better).

Hajre aswad ke straight pahunchne par phir oopar jaise bataya hy waisa hajre aswad ko ishara karke dua padh kar bosa den bas. Pehli Dafa jo Kaano tak haaath uthate hain wo nahi karna hai, Ye sirf tawaf ke starting me hy bas.

Ab aapka first round complete hogaya hy, is tarah aap ko seven rounds karna hy, seventh round complete hone ke baad phir bosa denge, ab poore tawaf me aap ke 8 bosa hojayenge.

2 Rakat Wajibut tawaf

Tawaf ke baad maqam e ibraheem ke paas ya uske peeche ya jahan jagah mile waha 2 rakat tawaf ki wajib namaz padhna hy jaise ehram ki namaz padhi thi but abhi aap ehram ki halat me hain isliye ye namaz aap ko without cap padhna hy, albattah tawaf shuru karte waqt right side ka kandha aap ne khol diya tha, to ab namaz ke waqt aur saee aur halaq hone tak kandha dhaamp kar rakhenge. Aur ye tawaf ki 2 rakat namaz compulsory hy. Agar tawaf aise waqt me pura huwa ke wo makroo waqt hai yaani fajar ki namaz ke baad ishraq se pehle ka waqt hai ya phir asar ki farz namaz ke baad se maghrib tak ka waqt hai to is waqt me ye namaz nahi padhenge balke aap zamzam peekar saee karne chale jayen, phir jab makroo waqt khatam hojaye tab ye namaz ada karen. Makroo waqt hone ki wajah se Chahe aap ki saee complete bhi hojaye phir aap ko tawaf ki namaz padhna pade tab bhi aap saee ke baad hi makroo waqt khatam hone ke baad hi namaz padhenge.

Aabe Zam Zam:: Green light se thoda aage jane ke baad phir peeche aajayen bilkul green light ke neeche. Wahan aap ko zam zam milega aur green light se aage jane ke baad, to masa likha huwa board nazar aayega wahan par bhi zamzam rakha rehta hai, waha ja kar Zamzam piyen lekin Not cold zamzam piyen taa ke aap ki tabiyat cold water ki wajah se kharab na ho. Zamzam ko khade hokar qible ki taraf muh karke khoob zyada peena hy. Zamzam peene se pehle ye dua padhen **Allahumma inni as aluka ilman naafia wa amalan soliha wa rizqan halaalan toyyibah wa shifaa am minkulli daain wa suqm.** Phir urdu me dua karke paani khoob piyen.

Saee:: Green light ke neeche se Basement wale safa pahad ya ground floor ya jis floor me bhi jaane ka mouqa mile safa pahad ki taraf chalen aur jab wo area nazar aajaye to wahin se ya us se pehle hi hajre aswad ki taraf ishara karke us ko bosa den. ab total bosa 9 baar hogaya.

Jab safa me enter hone lagen to enter hone se pehle ye padhen

(Abdawu bima bada allahu bihee, ان الصفا والمروة من شعائر الله)

(its not compulsory but if you do this will be better).

Phir jab safa me enter hone ke bilkul qareeb hojayen to niyyat Karen ke **ya allah me saee ki niyyat karta hun isko aasan farma qabool farma.**

Phir qible ki taraf face karke 3,4 minute koyi bhi dua maanglen.

Phir safa se saee start Karen aur poore saee me 4th kalima padhen.

4th kalima:: Laa ilaaha illallahu wahdahoo laa shareeka lahu lahul mulku walahul hamdu yuh ee wayumeetu bi yadihil khair wahuwa alaa kulli shyin qadeer.

Safa se marwa jaate huwe chhat par taqreeban 100 feet se kuch kam area me green lights nazar aayengi. Green lights ke beech me gents brisk walk se thoda zyada speed me chalen(don't run). Ladies normal speed me chalen. Gents green lights ko jaldi se paar karlenge, isliye gents waha ja kar apni ladies ka intizar karen phir sath me aage chalen. In between green lights both gents and ladies ye dua padhen (**Rabbigh fir warham waafu wata karram wata jaawaz amma taalam. Innaka antal aazzul akram**) several times. Marwa par pahunchte hi 1 round hogaya. Phir qible ki taraf side me khade hokar dua karlen any. Phir marwa se safa, same as safa to marwa, karen, marwa se safa aate huwe bhi green lights nazar aayengi waha bhi waisa hi kare jaisa ke safa se marwa jaate huwe kiya tha gents aur ladies ne.

Saee ke rounds::

Safa to marwa 1,
Marwa to safa 2,
Safa to marwa 3,
Marwa to safa 4,
Safa to marwa 5,
Marwa to safa 6,
Safa to marwa 7, now Saee completed.

Note: Kuch log jab marwa se safa ki taraf aate hain to hajr e aswad ki taraf ishara karke bosa dete hain, ye bilkul ghalat hai. Bosa sirf saee start karte waqt ek baar karna hai bas. Saee start karte waqt aur har round me safa me bhi dua aur marwa me bhi dua karlen (not mandatory, lekin karlen to achha hai). Saee ke baad masjid me andar jakar 2 rakat saee ki nafl namaz padhlen.

Note :: Saee ke liye paak hona ya wazu hona compulsory nahi hy. Agar kisi aurat ka tawaf complete hone ke baad periods shuru hogaye to bhi wo saee kar sakti hai. Tawaf ke liye paak hona aur wazu hona compulsory hai, Saee ke liye mandatory nahi hai. Agar tawaf karte huwe wazu toot jaye to wazu karne chale jayen aur jahan tawaf chhoda tha wahan se tawaf ko aage continue karen.

Halaq ya Qasr :: Saee ke baad mard sar ke baal blade se Halaq(shave) karle ya baal agar lambe hon to scissor se poore sar ke baal 1 inch se zyada trim karle, Lekin poore sar ke baal halaq karlena zyada behtar hai.

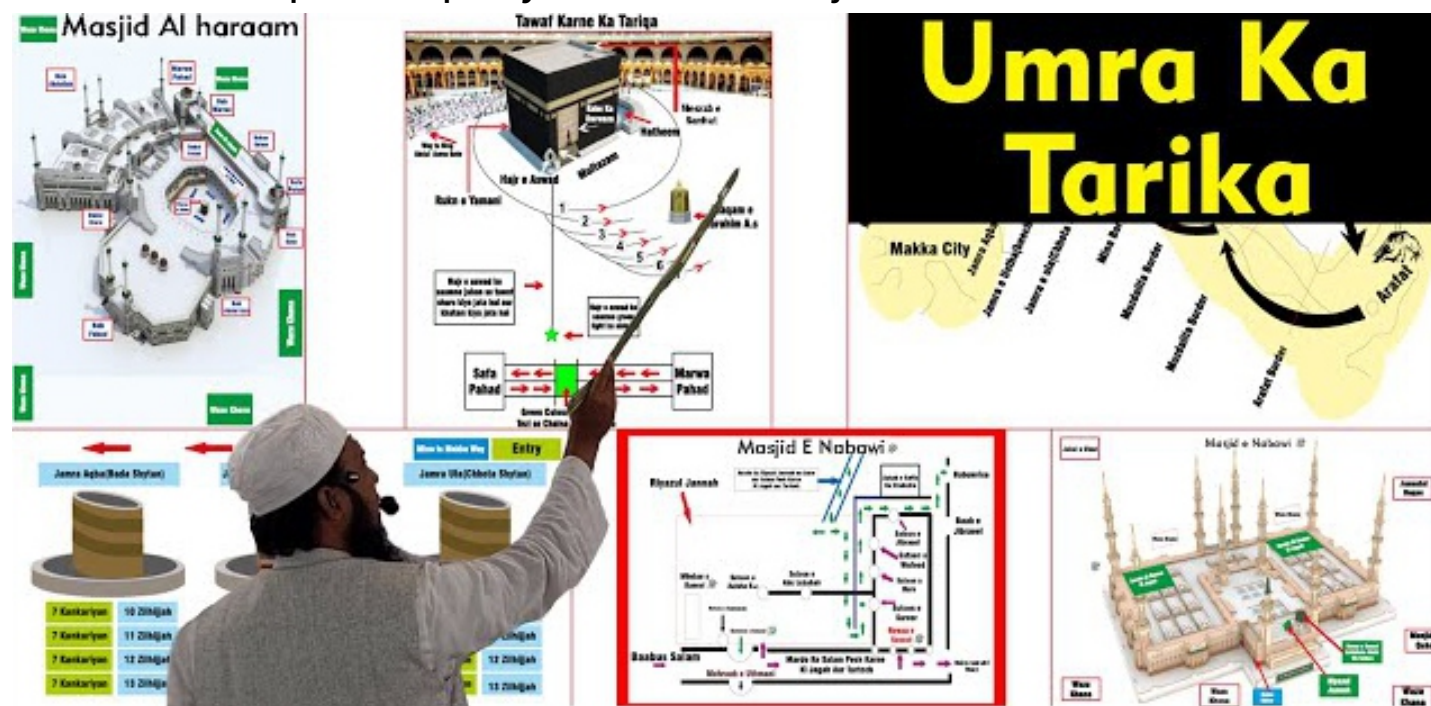
Ladies poore sar ke baalo ke corner pakad kar 1 inch se zyada cut karlen. Aap log khud bhi kar sakte hain no problem. Yaani saee hojane ke baad aap apne halaq se pehle aurat ke baal kaat sakte hain aur aurat ki saee पूरी hogayi ho to wo ya koi bhi aap ke sar ke baal kaat sakte hain.

Note: Mard, Halaq ya qasr me aur ladies qasr me kam se kam 1\4 th sar ke baalo ko kaatna laazim hai warna halaq ya qasr nahi maana jayega, Lekin poore sar ke baalo ko kaatne me zyada sawab hai. Ladies apne baalo ko scissor se hi cut karenge, blade se sar par shave nahi karenge.

Halaq ya Qasr hojane ke baad aap ka umrah mukammal hogaya. Umrah Mukammal hojane ke baad ghusl karna zaruri nahi hai. Doosra umra karna chahen to usi ehram ki chaadaro me kar sakte hain, unko dhona lazim nahi hai. Na Paak ya gande hogaye hain to phir dholen.

Is pdf ke sath aap umrah ka mukammal tareeqa samajhne ke liye is link ko youtube par search karke video dekh len. Bahut faida hoga in sha Allah.

Umrah ka Tariqa:- <https://youtu.be/ZrL92SjFAH8>



Mufti Shahjahan Qasmi Madanapalle

Iske alawa Umrah Ki Duaon ki Pdf bhi hai jisme ghar se nikalne se lekar umrah khatam hone tak ki saari duaen मौजूद hain usko bhi padhien. Ye duaen print lekar dekh kar bhi padh sakte hain. Aise hi mere channel par playlists me Hajj aur umra ki playlist hai jisme bahut si videos hain unko bhi dekhien. Nafil umrah ka tarika, tawaf ka tarika, saee ka tarika, masjid e aaisha se umrah ka tarika, Jorana se umra, hudaibiya se umra ka tarika sab videos us playlist me hain.

Madinah Ki Ziyarat:: Umrah complete hone ke liye madina munawwara jaana farz nahi hai yaani aap ko jane ka mouqa nahi mila tab bhi aap ka umra sahi hogaya, lekin jaane ki mukammal koshish karni chahiye aur wahan 40 namaze padhna chahiye aur Huzur Sollallahu alaihi wa sallam ko salam pesh karen.

Riyazul jannah me jayen, jannatul baqie me jayen, masjid e quba jayen. Agar umre ke safar me madinah jaane ka mouqa nahi mila to aap ke umre par koyi faraq nahi padega. Aap ka umra sahi hoga aur makkah mukarrama me bhi ziyarat ki jagho par jayen.

Note:- Agar hajj ya umrah ke baare me koyi bhi masla aap malum karna chahen to aap mujhe whatsapp par likh kar ya audio me sawal kar sakte hain. Me aap ka message dekhunga aur waqt milega to aap ko zarur jawab dene ki koshish karunga in sha Allah. **Mera Number sirf aap ke liye hai**, kisi aur ko na dijiye warna phir mere paas bahut sawal aayenge aur me aap ka jawab bhi nahi de paunga.

